# SOS - Rescue Me

Save your old sweaters from a sad life in a dark drawer!
This method is suited to increase a tight sweater and add a few centimetres circumference.
Invisible at the sides or accentuated with coloured stripes.
Everything is possible!

## Rescue a sweater that has been knitted from the top down:

1) Increase body - With coloured stripes at front and back
2) Widen sleeves - with coloured stripes
3) Increase body - Invisible at the sides
4) Widen sleeves - invisibly

According to the yarn you used and the gauge you may win several centimetres.
Using a contrasting colour, this rescuing method will add
an attractive design element to a plain sweater.
Use yarn in matching thickness or thinner yarn, held double.
I suggest to use fluffy yarns to make the transitions invisible.

At a gauge of 20 sts per 10cm /4 inch you may win about 1.5cm /0.6" per stripe.
At a gauge of 25 sts per 10cm / 4 inch you may win about 1cm / 0.4"

**50% DISCOUNT**
on the purchase of the
Rescue Me – sweater pattern
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## 1) Increase Front and back with coloured stripes

Unravel your last row (bind off-row) and the row above and secure all stitches on a circular needle.
Do not cut the unravelled yarn, but keep it to bind off later.

Mark a stitch at the side of the neckline where you want to place the line.
Follow this stitch until bottom and unravel it like a ladder from bottom to top.

Use the loop at the top stitch for the beginning.

Use a crochet hook to work chain stitches over every latch, one stitch per row.

Hold the working thread from below with your middle finger and gather the thread through the ladder, then pull it through the loop from last stitch.
Try to work as tightly/loosely to imitate the main stitches of your sweater and achieve a matching tension.

Once you reach the bottom, hang up the last loop onto your knitting needle.

Crochet 4 rows out of one ladder.
1R in contrasting colour 1
1R in main colour (if you have some yarn left)
2 R in contrasting colour 2

Work the back in the same way and bind off all stitches using the formerly saved yarn.

For a most perfect result I recommend to align the crocheted stitches properly and steam iron carefully.

## 2) Increase sleeve width with coloured stripes

Unravel your last row (bind off-row) and the row above and secure all stitches on a circular needle.
Do not cut the unravelled yarn, but keep it to bind off later.

Mark a stitch at the side of the neckline where you want to place the line. This point should be as far from the raglan-line as at the front to obtain a balanced optic.
Follow this stitch until bottom and unravel it like a ladder from bottom to top.

Use the loop at the top for the beginning and crochet 4 rows as described in step 1.

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## 3) Increase body - invisible

In case you have matching yarn left…
I recommend this method for fluffy yarns only.
On Silk or other smooth qualities one might see the line a little bit.

Unravel your last row (bind off-row) and the row above and secure all stitches on a circular needle.
Do not cut the unravelled yarn, but keep it to bind off later.

Mark a stitch at the side under arm where you want to place the line. Follow this stitch until bottom and unravel like a ladder from bottom to top.

Use the loop at the top for the beginning (see page 2).

Use a crochet hook to work chain stitches over every latch, one stitch per row.

Hold the working thread from below with your middle finger and gather the thread through the ladder, then pull it through the loop from last stitch.

Try to work as tightly/loosely to imitate the main stitches of your sweater and achieve a matching tension.

Once you reach the bottom, hang up the last loop onto your knitting needle.

Work 4 Rows out of the ladder.

Repeat at the other side under arm and bind off all stitches with the formerly saved yarn.

Should you need more width, you can repeat the procedure, but leave 1-2 sts in between the ladders.

For a most perfect result I recommend to align the crocheted stitches properly and steam iron carefully.

## 4) Increase Sleeve – invisible

Work as described for body.

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